

PRESIDENT'S MESSAGE

- Tom Page, AAS, CVT President@wyvta.org

Happy Holidays to everyone.

There are so many things going on for everyone. Trying to juggle family, work, school, and the holidays can be a roller coaster of deadlines and emotions. We all want to excel, just remember, it is ok to take a moment for yourself. We have to recharge ourselves at some point, before we can give some more.

Looking back over 2018 there were several POSITIVE things going on this year within the Association. We unveiled our new logo – thanks to several board

members, eVetSites' web designers, and our membership; worked with the Eastern Wyoming College for our annual Continuing Education Event and Meeting (Thanks again to Dr. Bittner and Dr. Walker for helping with our event.); continued the cleanup of our association documentation to ensure board members are able to seamlessly transition officer positions; completed the overhaul of the Treasury and auditing system courtesy of our treasurer Aaron Tippit; created the specific board position of Membership and CVT which is now reorganized and running smoothly thanks to the long term commitment of Deana Baker to the Association; and elected our incoming 2019 board as of September's Annual Meeting who will take office January 1, 2019.

For the Fall CE Meeting, the 2018 Executive Board members worked really hard to complete several tasks while setting up the meeting, in addition to maintaining all the different requirements that are required by the State of Wyoming. Organizing, networking, tallying, recording, designing, and writing to keep all of our members up to date with information are tasks completed by volunteer individuals.

The Executive board members invite you to attend and participate in our monthly meetings. The meetings are held on ZOOM. The meeting room numbers are emailed to all WyVTA members a few days prior to each month's meeting. The meeting dates are posted on our website at www.wyvta.org. There are several things that the Executive board will be looking at for 2019 including overhaul of our website and more use of our Facebook page. We welcome you to come to the meetings to "see" what is going on. Many hands make light work. If you have something you can contribute to the group we would like to hear from you.

Happy Holidays to everyone and thank you for a great 2018.

Tom Page, AAS, CVT. WyVTA President 2017-2018 and returning for 2019!

Monthly Membership Meetings are via ZOOM at https://zoom.us/ at 7pm MT

Meeting login ID's are set up each month and then emailed out a few days prior to the meeting. If you've never attended before:

- AHEAD of the scheduled meeting date, go to https://zoom.us/test to test your device's ability to access & view ZOOM (PC/MAC, Android/iPhone, and tablet). ***You just need to do this once per device.
- 2. **Email Nanette Walker Smith** (n w smith 24@outlook.com) if you don't receive the **email notification** containing the Meeting Room ID information **sent approximately 2-4 days prior to the meeting.** You can
 - click on the links in the email to access the meeting, or
 - enter the meeting ID number by going to https://zoom.us, click "Join a Meeting" and enter the ID on the next meeting date/time:

NEXT MEETING is December 2 @ 7pm MT*

Plan ahead for this upcoming ZOOM meetings:

January 6 @ 7pm Mountain Time February 3 @ 7pm Mountain Time

*2019 Meeting dates are tentative, watch your email for any changes

CHANGES TO THE CONSTITUTION AND BYLAWS

- Nanette Walker Smith, MEd, RVT, CVT, LVT Secretary@wyvta.org

We are still attempting to complete voting on the changes to the Constitution and Bylaws (CB's). Per our CB's, any membership vote must be a majority for or against an issue to complete the voting process. Because we had to do an email vote via Survey Monkey to complete this vote we are anxiously awaiting those of you who have not yet completed the voting procedure. The survey/VOTE will take 5 minutes or less to complete. We are still about 20 votes shy of our membership to complete (at least). These votes are to provide mostly clean up to the CB's as we move the Association forward. They are as follows:

Updates needed to the Constitution and Bylaws:

1. Changes to Board Member Positions. Brief Discussion: Need to update President's duties, Treasurer's duties, and clarify Past President's duties.

- 2. Addition to President's Position:
 - a. Addition of Article IV, Section 2-G.1k: transition to office of Past President upon election and seating of new Association President and maintain this position until subsequent Association President is elected.'
- 3. Expansion/revision of Past-President Position Article IV, Section 2-G.2: to read all of the following (in red are new additions to duties):
 - a. act as an advisor to the Executive Board;
 - b. be available to sit on committees and speak on behalf of the association; and
 - b. serve as the liaison to the Wyoming Veterinary Medical Association;
 - c. chair the WYVTA Scholarship Committee;
 - d. represent the Association in any matters as requested by the President;
 - e. promote increased membership through public speeches, published articles, etc. as requested by the President;
 - f. promote the veterinary medical profession, the credentialed veterinary technician and the veterinary support staff including their relationships to public health and agriculture;
 - g. assist with committees and be a resource for the current elected board members; and
 - h. attend all Wyoming Veterinary Technician Association meetings (online, monthly).
- 4. Edit to Treasurer's Position:
 - a. Removal of Article IV, Section 2-G.5a: "be the primary membership chairperson and, along with the President and Secretary, update and keep the member records current and accurate;"

We will also add the social media policy to the end of amendments in policies when we complete the changes.

MEMBERSHIP/CERTIFICATION

-Deana Baker, CVT CVT Members@wyvta.org

>>2019 renewals for biennial membership and certification are included in this newsletter.

If your membership and/or certification expiration date is December 2018 – IT IS TIME TO RENEW!! Greetings all,

I hope that all of you have had a good summer. Now that fall is here, it is that time again to renew your dues.

Certified Members that have an odd number at the beginning of their certification number (for example: WVTA17-xxx) will need to renew their membership this year. This is required in order to remain certified. For these members I will need the:

- 1. WyVTA membership form completely filled out (it is attached to this newsletter or will be available on our website soon or you may email me or secretary@wyvta.org to have it emailed to you);
- 2. Verification of ten hours of continuing education hours completed within the last two years; and
- 3. \$40 membership dues (this covers your recertification and is **DUE BY DECEMBER 31**st, **2018**).

September 1, 2018

- 4. Please make the check out to the WyVTA.
- 5. Send all items to me postmarked by December 31, 2018 to:

Deana Baker – WyVTA Secretary

CVT Members@wyvta.org

2633 Bighorn Ave

Cody, WY 82414

Beginning balance 16,999.05

TREASURER'S REPORT

Income	_		
Abaxis, MWS, Henr	y Schein Sponsorship	\$ 750.00	
Fall 2018 CE Regist	trations	\$2315.00	
Zoetis, Henry Schei	n, Elanco Sponsorship	\$2500.00	
Membership Dues		\$ 140.00	
Expenses			
None		\$ 0.00	
September 30, 2018	Closing balance	\$22,704.05	
October 1, 2018	Beginning balance	\$ <u>22,704.05</u>	
Income			
Zoetis REISSUE CH	HECK		\$1000.00
Expenses			
RETURNED CHEC	K Zoetis 9/29/18		\$1000.00
RETURNED CHEC	K fee (Zoetis)		\$ 15.00
Aaron Tippit – reimb	oursement Sec'y of State	Annual Filing	\$ 27.00
Melanie Beardsley -	- reimbursement CE tha	nk you cards	\$ 21.38
Deana Baker - reim	bursement - office post	age	\$ 50.00
Nanette Walker Sm	ith – reimbursements – t	hank you and	\$ 159.66
gift cards for CE spe	eakers; board notebooks		
Kim Pattullo – reimb	oursement – Speaker Fe	e/Travel	\$1641.55
October 31, 2018	Closing balance \$	16,699.05	
** October 2018 Report	will be reviewed at Dece	ember 2 meetina	

2018 Fall CE Income/Expense Report

		Zozo ran cz mcome, zxpe
	INCOME	
Item	Amount	Notes
Registrants	\$4,091.38	23 checks
Idexx Donation	\$1,000.00	
Abaxis Donation	\$250.00	
MWI Donation	\$250.00	
Zoetis Donation	\$1,000.00	
Henry Schein/Elanco Donation	\$1,500.00	
Henry Schein Donation	\$250.00	
Royal Canin Snack Donation	\$120.00	
Boehringer Ingelheim Lunch Donation	\$974.40	
Hills Printing Donation	\$201.00	
EWC Venue Donation	Unknown	EWC VT Program donated use of lecture hall, lunch room, and AV support for the conference
Dr. Bittner Lecture Donation	(\$875.00)	Savings-Speaker Stipend donated back to WyVTA
Total Income	\$10,511.78	

	EXPENSE	
Item		Amount
Dr. Pattullo		\$1,641.55
Thank you car	ds from Mel	\$21.38
Thank you car	ds and gift cards from Nanette	\$137.67
Board note bo	oks (not CE-ongoing admin exp.)	\$21.99
Total		\$1,822.5
	Total Revenue: 2018: \$8,689.19 2017: \$2,979.46	
	2017. 72,373.40	

PREGNANCY IN THE WORK PLACE

By Cambria Harmon, AAS, LVT, CVT; Member-at-Large

There are many joys in life and one of them is the ability to have kids. This brings about an interesting topic in the veterinary field and what things to watch out for. Pregnancy can be a life changing experience, but it doesn't mean you have to quit working on the floor or switch to a different career. There are steps and precautions to take to be safe while working either while pregnant or to be aware of while working with someone who's pregnant.

During pregnancy it is important to limit your exposure to radiation by taking radiographs. Some work places have signs posting that it is not recommended for pregnant women to take radiographs. Exposure to radiation, more than 5 rads of unshielded radiation, can cause birth defects such as small head size, learning disabilities, and miscarriages. 5 rads of exposure can be anywhere from 50 – 150 radiographs taken without proper protection over the pelvis. With proper protection the risk is much lower.

Women have the right to not take radiographs through their pregnancy, if they do not wish to. This caution can be difficult for some small clinics to accommodate if women do not wish to take radiographs. For example, at one clinic, I was the only staff member besides the doctors that was able to take radiographs because it was required by the state that all employees have so many hours of radiology training done by an outside source. After discussion with my OBGYN, she felt it was safe for me to take radiographs as long as I was wearing proper protection and limiting it to 1-2 radiographs on a given day/week. I still, however, chose not to participate in preforming radiographs on patients.

I changed jobs midway through my pregnancy and the second clinic I worked out would not allow me to be anywhere near radiology when radiographs were being taken. The staff I worked with were very nice about taking over this section of a case for me and very supportive of me during pregnancy.

It is also important to be very cautious about using anesthesia throughout the entire pregnancy. The induction, recovery periods, and filling the vaporizer are when pregnant women are at the most risk of exposure. Too much exposure to anesthetic gases can cause birth defects and/or abortions. Scavenging systems have made anesthesia safer for all employees and have reduced the risks for pregnant women. Respirators can be used during pregnancy if women feel them necessary when working with gas anesthetics.

I personally did not use a respirator, wore gloves while administering IV anesthetics, and ensured that my patients' endotracheal cuff was properly inflated and sealed prior to turning on the vaporizer. Precautions can also be taken when recovering patients by allowing another staff member to remove tubing and recover the patient after the anesthetic procedure. I also did not fill vaporizers while pregnant. I still monitored and ran anesthesia for anesthetic procedures and feel my risk was low because I was cautious.

There are some medications within the work place that can potentially be absorbed through the skin that cause concern with pregnant women. It will depend on the clinic type (large, small, exotic, etc.) and it's advisable to read the drug inserts on all medications just to be safe: Misoprostol, DES, Oxytocin, and chemotherapy drugs just to name a few. Each clinic is different and if you work in a mixed animal practices there are several cattle drugs that should be avoided.

As women get into the third trimester weight restrictions might be imposed by an OBGYN. On average the recommended weight restriction is to lift no more than 20-25 lbs. As the belly grows, this impedes a woman's ability to bend and lift, get up and down off the floor easily, and can cause back pain. A women's ligaments also start to loosen and slack while the body gets ready to give birth. This causes issues with balance, can increase the risk of injury to both mother and baby, and can cause preterm labor due to strenuousness of the job. Women should ask for help more frequently as they get further along in their pregnancy with moving, restraining, and lifting heavy animals. Women will also have a harder time standing for long periods of time and can have increased swelling in their legs, knees, hands and feet. It is normal for a woman to retain water and swell during pregnancy. Women should take frequent breaks and should use compression hose or socks to help reduce swelling. If there are prolonged periods where women are sitting, then they should get up and walk around or stretch for 10-15 minutes each hour.

It is also recommended for pregnant women to avoid changing litter boxes, eating undercooked or raw meat, and avoid infected soil due to the risk of exposure to Toxoplasmosis. Toxoplasmosis is a parasite that can cause abortions in pregnant women and other birth defects, such as vision and hearing loss. It does take 24-48 hours for the parasite to become active once shed in feces. Cats are the most common host for this parasite; however, uncooked meat handling can be just as large of a risk. Women who have been exposed to or infected with Toxoplasmosis prior to pregnancy will not usually become infected again, unless they are immunocompromised. Often women who have been exposed may never have shown signs of an active infection. Most cats that have contracted the parasite will also not show signs or symptoms. I personally had a cat that came up positive for toxoplasmosis when I was in my early 20's. Due to the stress of his previous owner passing away and being rehomed, he developed an active infection, tested positive and had to be treated for a month on Clindamycin to clear the infection. I did not however, due to financial limitations, have a titer or blood test preformed to see if I had a titer. It is also preferred that women be screened prior to pregnancy, if they know they have exposure. My pregnancy wasn't planned to be able to have this test done, like I would have liked to.

There are other zoonotic diseases that can be harmful while pregnant. We had a dog in the clinic that possibly had brucellosis. This pregnant golden retriever aborted her puppies around day 54 of gestation and the patient had exposure to cattle on the property. I did not handle this dog or clean up any of its bodily secretions while it was in the hospital, due to the potential of exposure to me. Unfortunately, the owners chose not to run the test to confirm and the animal was euthanized 24 hours later as there was no sign of improvement with treatment. If an animal comes in with an exposure to a potentially zoonotic disease, it is recommended to have other staff members care for this animal. If that is not possible then wearing proper protection while handling bodily fluids, such as gowns, gloves and masks are essential. When in doubt (i.e. you don't know what an animal has) glove, mask, and gown up!

While there are many risks associated with working in the veterinary field while pregnant, these can be easily managed with the right precautions. There is no reason that a technician, staff person, or veterinarian cannot continue to work through her pregnancy. Make sure to talk to your health care provider and notify your employer as soon as you become pregnant.

Works cited

Author unknown, Working as a Veterinarian or Veterinary Technician during Pregnancy. Mother to Baby. Nov 2017. Web 5, 11 2017. https://mothertobaby.org/fact-sheets/vet-vettech./



Congratulations to our author above, Cambria, and her husband Larry Puller, on the birth of their first child this week! Kaylen J. Puller

MINUTES

WyVTA Mtg: October 7, 2018

Tom Page: Good evening everyone. I'll call this meeting to order at 7:07pm

I haven't heard from Deana. Aaron, Mel, and Nanette will not be here tonight. I am glad to see our new members here. Welcome to you Angela, Dena, and Kristi. Thank you for being part of our Association

Dena Wallace: Happy to participate! Angela Lance: glad to be here.

Tom Page: I will start with an update from the President. Part of my tasks for the CE meeting was Vendors. As you can see this is what we brought in from Donations. Does anyone have any question?

Vendor List						
Vendor Donation Received Sponsorship Value Sponsorship Notes						
Zoetis	\$1,000.00					
Idexx	\$1,000.00					

WyVTA: Wyoming Veterinary Technician Association – www.wyvta.org – PO BOX 34, Cody, WY 82414

Henry Schein Animal Health & Elanco	1,500.00		
Henry Schein	\$250.00		
Boehringer Ingelheim		974.00	Lunch
Royal Canine		120.00	snacks
Abaxis	\$250.00		
MWI	\$250.00		
Campbell Pet Company			
Hills		202.00	Printing—Payment pending.
	\$4,250.00	\$1,122.00	TOTAL INCOME: \$5,372.00

Dena Wallace: No

Marlane Hicks: looks good to me

Tom Page: First, Marlane's notes from the Fall CE: Vice President: The results from the 2018 Fall CE:

Everything went pretty well, everyone enjoyed both of the speakers very much. We did have one little hitch, we didn't have the projection microscope available for Dr. Kim Pattullo for part of her presentation, but she did a great job of putting some information together on red blood cells and slides. She has sent the notes to Nanette and they will be available to anyone that would like them. Please contact Nanette for a copy. The majority of the reviews were very positive, as far as the speakers, the subject, the food and the venue. They were all very excited that we were able to have the CE in Torrington. There were a few comments on how the meeting was run, many of them thought it was "fair" and that they would have liked and explanation on how the meeting was going to be run, how new people can become members, how members become board members. There were some questions on membership; those included:

- 1. Who do we contact for membership?
- 2. What does our membership include?
- 3. Do we get a membership card?
- 4. How long is the membership good for?
- 5. How do we know when our membership is due?

On a final note, I have stepped down as Vice President due to some family issues and changes in my current job situation. I have agreed to help Tom with anything that he needs where the Presidency goes and I will help the next Vice President with whatever she needs help with. I feel that the Fall CE planning would go much smoother if there were a time line in place (I have created one) and that the Vice President has all the information that she needs to make this a smooth process. I hope to be able to pass this along to the new Vice President and I have assured her that I will be available for anything that she may need help with. Thank you, Marlane. *Marlane Hicks*: We only had a couple of suggestions for next year's CE: Grief counseling for clients, tech burnout, and more on red blood cells.

Tom Page: We will have Deana answer those questions -- for membership. I am glad we had some feedback as to suggestions for next year.

Kristi Hamilton: I'm glad everyone came to EWC as well!

Dena Wallace: I liked the venue

Marlane Hicks: it will be a good start for next year.

Tom Page: Glad to hear about the venue. We will start to compile a list for next month with Angela to start the process.

Tom Page: I think that it would be good to see if Marlane, Angela, and I can meet in Torrington to talk with Dr. Bittner and discuss the option for next year.

Tom Page: Treasurer's Report: If you have any expenses to turn in please get them in ASAP --- To Aaron--cc me – Remember <u>Treasurer@wyvta.org</u> and <u>President@wyvta.org</u> are the emails to use. We need to make a concerted effort to use the Association emails.

Emails will be coming this next week to the board to vote on the reimbursements needed for Fall CE, etc. Please look for them and respond accordingly so we can wrap things up.

Tom Page: Secretary is next, Nanette's report:

- 1. I have sent my receipts to Aaron (a couple weeks ago) voted on. Total \$159.66 (Starbucks \$40, Bread store in Torrington \$40 x2, Binders for Board Notebooks which are in progress
- 2. Questions, comments, inputs on the changes to the CB are in the newsletter? If not-Motion to accept as published in Newsletter.
- 3. Survey monkey for vote will be sent to all WyVTA members sent by Secretary@wyvta.org with turnaround of 1 week for voting for a majority to pass.

Tom Page: Does anyone have any questions or comments on the CB's from the Newsletter.

(No questions other than location of Constitution and Bylaws location on the website http://www.wyvta.org/bylaws.pml)

Tom Page: We don't have a complete 2018 board in attendance so the above motion/vote it will go out in email form for Voting. The Survey monkey to membership will follow Board members voting.

Tom Page: Roxane, Member-at-large?

Roxane Rocks: I just need input about a post submission for Facebook. Is everyone familiar with Rebecca Rose and Catalyst?

Tom Page: Rebecca Rose yes. Catalyst, Please fill me in

Roxane Rocks: Catalyst is something she founded to help strengthen veterinary teams. There is info on personal and professional growth. Recently she sent a survey to start a conversation about emergency preparedness in veterinary hospitals. My question to all of you, are we ok to post this to Facebook? According to the standards we created earlier this year, it does fall within the criteria.

Marlane Hicks: I just looked. I have access to see it as well. It looks like she just tagged our Facebook page in her post.

Roxane Rocks: Angela how about you? Can you see it?

Angela Lance: I am trying to find it. What is the Facebook profile please....?

Tom Page: I admit to all. I don't know a lot about FB. Definitely something I will look in to after our meeting. Unless I look for her page specifically on FB, I don't see it on our FB page. I will have to find it after the meeting before I can add my thoughts.

Roxane Rocks: Is there any reason from anyone here that we should not allow these kinds of post?

Marlane Hicks: I think that it is fine.

Dena Wallace: If it is for her financial gain I would question it

Angela Lance: I did google Rebecca Rose and Catalyst and it appears that she is a good resource for information pertaining to this field. I would have to agree with Dena on that aspect, if it is free information to share per Facebook I see nothing wrong with good informative info.

Tom Page: I have talked with her and been to several lectures she has put on. She is a good person. I just don't know the Catalyst topic.

Angela Lance: @ Marlane smart marketing on her part we are in her target market. I think Catalyst is her business name.

Dena Wallace: very true Angie

Kristi Hamilton: if we're just tagged everyone has option to seek further on their own. I think it's a good link if she makes money or not it's up to each individual to pursue or not.

Tom Page: We can watch this and comment via email if need be.

Roxane Rocks: I will send take everyone a link to look at it more

Marlane Hicks: Good Idea Tom. I will be happy to look at it.

Angela Lance: Would love to view it.

Tom Page: Thank you Roxane. Did you have anything else?

Roxane Rocks: I personally would like to see more self-care and growth topics presented. Comments?

Marlane Hicks: I agree with Roxane.

Tom Page: Treasurer Update: Just a reminder there will be emails coming this week. Please watch for them and respond as we will be trying to get things voted on and individuals paid.

The CE meeting. We had 28 paid individuals. Some of which didn't show up. Total registration income of \$2560.00, plus the donations, (\$, Paid lunch, and snacks) was \$5,544. Equals income of \$8104.00 for the year

Tom Page: I will be working with you all on additional vendors for next year. Please contact me or the folks you deal with to get things started early.

Angela Lance: Will do. Also I will be coming to Casper, but will be reaching out to Marlane and your, also will be watching for emails.

Tom Page: That is all we have for the meeting portion, but before we go I would like to introduce our 2019 VP Angela to introduce herself to the group.

Angela Lance: Hi all, I just recently moved to Wyoming, though I was born in Laramie. I have about 7.5 years in the veterinary technician field. I am delighted to be part of this board and look forward to many more meetings and production with you all. I am married and have four dogs, four cats, two horses, three goats, and one mean Macaw parrot.

Tom Page: Thank you for stepping up. You also have a degree in.........

Angela Lance: Marketing and Management. I am now a dog groomer by trade.

Tom Page: I think that background will be an asset to the group. Next we will hear from Dena.

Dena Wallace: I am a CVT since 1996, but also a Certified Pharmacy Technician since 1998. I am currently working for a Medical Device company. I too just moved to WY, northwest of Cheyenne, the huge town of Horse Creek. My husband wanted to return to WY and we bought a ranch here. I have now 6 cats and two dogs. I recently lost a lab to hemangiosarcoma.

Tom Page: Glad to have you here. Thank you for reaching out to use and bringing your company to our meeting. Next we will hear from Kristi

Kristi Hamilton: I'm Kristi Hamilton - a very old student. My prior career is in management training with Kaiser and Public health administration for the State of CA. I retired and did silver smithing for several years, but when my Medicare card came I went back to school.

Dena Wallace: Silver smithing! Nice

Marlane Hicks: Welcome

Roxane Rocks: What great additions to the board!

Angela Lance: Nice to meet you Dena sorry to hear about your recent loss.

Tom Page: Great additions to help us.

Marlane Hicks: I motion to adjourn

Angela Lance: I second that motion

Tom Page: Motion passes unanimously. Meeting adjourned at 8:11pm. Have a great night everyone.

WvVTA Mtg - November 4, 2018

Tom Page: While we are waiting on everyone else, Welcome Charlene. Can you tell us about yourself?

Charlene: Yes. I'm a CVT in Gillette, WY at a mixed animal practice. I try to make it to the meetings but I have a very hard time remembering.

Tom Page: I call this meeting to order at 7:12pm.

Tom Page: We will start with the update from EWC. Kristi Hamilton is now the sophomore rep and we have a new freshman rep, Taylor Ruhoff. Welcome!

Tom Page: Next we will hear from Roxanne with Facebook update:

Roxane Rocks: Tried to change the Facebook profile picture to our new logo, but the picture auto crops in such a way that most of the logo is deleted. Does anyone have a suggestion how to get around that? I tried resizing the logo, changing aspect ratio and various other edits but nothing successful. Please email me directly if you have a solution. I have also been thinking about tying Facebook posts to articles in the newsletter. Maybe start a series/dialog on something like compassion fatigue since that was one of the future topics suggested at the CE in September. Thoughts?

Nanette Walker Smith: Roxane, I think I can fix that. It just needs to have the pixel size changed. Will get it to you.

Tom Page: I had that on my item list also. Thank you both for fixing it.

Melanie Beardsley: I think the series is a great idea!

Kristi Hamilton: like it - seems it would be of interest even to students **Tom Page:** It would be a good idea for the Newsletter for November

Cambria Harmon: My coworkers wanted me to write an article about compassion fatigue, but I think the series would be a much better idea. Well I have an article written for Nanette, not on compassion fatigue, but she can always use it at later date

Tom Page: That is great. Cambria did you have anything else?

Nanette Walker Smith: Compassion fatigue will be good for just after the holidays too - January will be next newsletter

Tom Page: I have seen items on Empathy and Compassion also.

Tom Page: Roxanne did you have anything else.

Roxane Rocks: No, just that we can jump start with any topic and I like what Cambria will offer up for this newsletter.

Cambria Harmon: My article is on Pregnancy in the work place. I couldn't come up with a good article for compassion fatigue. I tried for a month and just couldn't get into writing it.

Melanie Beardsley: That will be good, too, Cambria

Tom Page: I both topics could be good.

Charlene: The pregnancy in the work place would be a good one. I feel like there is always someone pregnant at my clinic.

Nanette Walker Smith: Well.... Cambria is in the thick of it right now so it's always a good topic!

Cambria Harmon: I worked at two clinics during my pregnancy and they had two different thoughts on what women should and shouldn't do. I should have it done by tomorrow, just re editing it right before the meeting

Tom Page: I will let the three of you decide which one is first. It is nice to see things coming together ahead of deadlines.

Roxane Rocks: Let's start with pregnancy in the work place now, and maybe start compassion fatigue in January,

Tom Page: We will here from Mel next

Melanie Beardsley: I have a couple things:

- 1. NAVTA just started a Team/Trust/Training resource. Essentially it is to help encourage team leadership/spirit/growth within the veterinary team.
- 2. We also have a new co-chair for the NAVTA state representative committee. Anna Santos. I may have missed getting our update in this month as I wasn't looking for her email
- 3. Also, the Leadership Conference is in Chicago on Jan 10th. It looks really good again, this year!

Tom Page: Thank you Mel. I sent her an email about the Conference. She hasn't got back to me either. If you hear anything from them about it please keep me in the loop. Also if there is any Membership grants for NAVTA like in years past?

Melanie Beardsley: I haven't heard anything on grants.

Tom Page: Nanette do you have anything from Deana (on call) re CVT/Membership?

Nanette Walker Smith: No, but I have all the changes needed for the cert/membership updates for the next set. Just need to get those done and to her for final review this week. They'll go out with the next newsletter

Tom Page: Aaron's Treasurer Reports presented for Fall CE (income/expenses), September, and October. All are posted in the November Newsletter for review by the membership.

Nanette Walker Smith: We still need to vote on Treasurer Reports from July and August and now September. We can consider October as well if it is complete Nanette Walker Smith: I'd like to motion to approve July, August, and September's Treasurer Reports.

Roxane Rocks: second

Melanie Beardsley: I'll second

Tom Page: Motion to Approve the July, August, and September's Treasurer reports passes unanimously.

Tom Page: Here is the overview of the CE Event sheet. Are there any other questions that I can answer for the treasurer? (NOTE: See Treasurer's report for Fall CE posted in this newsletter)

Cambria Harmon: 28 registrants is a good number!!

Nanette Walker Smith: CE team needs to remember to look at this WITHOUT the sponsor donations. We would not have done so well without the INCREDIBLE EFFORTS of those who did so much to acquire those donations. This needs to remain a focus if we are to be successful and garner good speakers, etc.

Tom Page: That is true.

Nanette Walker Smith: Tom - do you/Aaron feel October is complete enough to vote on

Tom Page: I have to admit I should review it more.

Nanette Walker Smith: OK, let's wait until next meeting on that one then, esp. with the Zoetis check issue

Tom Page: Sounds good. I will have the \$15.00 returned check fee charge paid before then. It was my mistake.

Nanette Walker Smith: For my report that hasn't already been addressed above:

Cam already let me know her article is almost done. (So Roxane - you are off the hook:) for now.

*Working on updating membership and certification forms for upcoming biannual renewal. Using notes from Deana from our Sept meeting in Torrington before adding to November newsletter.

* November newsletter items absolutely due November 10. I will not have time to remind people this week. So do us all a favor and send something in.

* Officer notebooks. I'd like to have these finished, but I need EVERYONE'S input on their position. So far I have info from Jackie (and me for website); Deana (membership); scholarship committee (Cambria); secretary/newsletter (me); partial from NAVTA Rep (Mel, me, Deana)

****everyone else: DUE BY NOVEMBER 25: Detailed notes for what you do to make your position work, month to month. Yes, this needs to be on file so if this goes missing again we aren't re-creating everything again.

*NEWSLETTER items - DUE THIS SATURDAY Nov 10th

*Make sure all your office items are ready to transfer to your successor by December 31 if you have a successor. All WyVTA materials go to the incoming officer. Please reach out to the incoming officer and meet with him/ her prior to December's meeting to cover all items of the office that you should have also submitted to Nanette for the officer notebook (email in anything else you discover needs to be added immediately!!)

Please see the notebook information & newsletter due dates. I am deep in work schedule now and my time is next to nil. Scheduled to the minute as it were. I would like to get these items off my plate, but I can't do that unless you all do your part. Only way I'll be able to get all the documentation pulled together so we have both an office copy and a copy for the incoming board members (or each individual).

Last - update on the CB's vote - we are still awaiting all the votes needed for it to pass or fail. We are at 38 votes total right now - we need 55 to pass. I'm clearing all those who have voted and resending reminders. We only have one vote against the removal of info from the treasury position; all others were unanimous for so far. Would like your opinion - ballots mailed out - or continue to try with email voting?

Tom Page: Everyone ---Please reach out to every one you know and ask them to VOTE. Watch for the incoming survey.

Nanette Walker Smith: This should have completed by now. We only need 17 more

Roxane Rocks: in your opinion, which method will yield the most votes in a timely manner?

Cambria Harmon: Can you post a reminder on Facebook???

Roxane Rocks: Yes we can

Nanette Walker Smith: Rox - realistically - I'd like to bump the emails a couple more times - we get a reasonable return on that although it may wane the more I do it. But YES a bump on FB would be helpful - I'm afraid everyone is avoiding anything that says VOTE in the title or body of an email right now. Rox - if you could do that, I'll bump it after you post, ok

Tom Page: Sounds like emails and Facebook. As board members we can reach out to individuals also.

Nanette Walker Smith:

Roxane Rocks: Yep - maybe say a response is needed instead of vote?

Nanette Walker Smith: I will double check how I worded it last time - I know I edited some of the VOTE out of it.

Marlane Hicks: I received the notes from Nanette from Dr. Kim and I'm working on getting them sent to everyone that attended the CE. I am also working on my part for the note book and will have it to Nannette before the 25 of Nov.

Nanette Walker Smith: Marlane - holler if you need help with this - takes me about 5 minutes to do this. Just need the emails.

Tom Page: Thank you to everyone for helping with the Annual Meeting and CE this year. I wanted to see if anyone had anything going in to the last of the year so we don't have to play catch up later.

Tom Page: We only have these board position changes: NAVTA from Mel to Dena and Treasurer Aaron to Mel.

Cambria Harmon: The only thing I have is I would like to get a flyer/information out to schools about the opportunity for the scholarship for Wyoming residents to surrounding states. I have a contact at Colorado Mountain College in Colorado, and then of course we can send it EWC. I'm going to try and find other schools as well. I would like to do this in Jan/Feb with the start of the next semester.

Tom Page: That is what I am talking about Cam, completing this year and not letting things slip through the cracks.

Melanie Beardsley: we would have to decide if we are offering the scholarship or the CE sponsorship before doing that

Marlane Hicks: I agree. How much interest have we had in the scholarship in the past?

Melanie Beardsley: next to none, Marlane.

Marlane Hicks: So maybe it is time to come up with something new?

Nanette Walker Smith: Scholarship must follow CB guidelines

Cambria Harmon: I think two years ago we had 3 applicants and that's the most we have had, usually we have 1 applicant

Melanie Beardsley: or zero

Cambria Harmon: Last year things got messed up and it didn't get promoted at all

Kristi Hamilton: I've only been at EWC three semesters and I've heard nothing there about the scholarship - for membership correct?

Nanette Walker Smith: If it's changed it has to be within what our CBs state. This needs to be determined by the scholarship committee in January. Cambria is correct. Cambria, Tom (Pres) and the past president are on the committee right now.

Melanie Beardsley: for school Kristi

Cambria Harmon: It's for like books or tuition, Kristi

Tom Page: Let's have Cambria reach out to Kati and to the best of her ability report back to us next month. I say we try again. Part of the lack of interest was lack of planning and getting it out there. I can help.

Cambria Harmon: That was part of the problem; I couldn't get in touch with Kati earlier this year. I will try again

Kristi Hamilton: Cannot believe there would be no interest in that - know students who didn't come back because of \$ - yet are working in clinics in WY -

Nanette Walker Smith: Forms are generic and can be reused year to hear for the single scholarship - we just have to promote it EARLY - not after the students get out of school! That was our success the last time we had 3 apps

Tom Page: I agree Nanette. It is my plan to go to EWC again next semester Kristi to be more proactive in getting the information to the students.

Cambria Harmon: Yeah, but this time I want to get it to more schools. I only got it to about 5 schools two years ago.

Cambria Harmon: Just e-mail me thoughts about what to include in the flyer besides the application

Tom Page: Cam, let's reach out to Kati and then let's talk. We can plan from there.

Nanette Walker Smith: NAVTA Vet Leadership Summit 2019: https://www.navta.net/events/EventDetails.aspx?id=1164696&group=

Registration open until 1/8/19; Conference date is 1/10/19 at the Chicago Marriott Downtown Magnificent Mile, 540 N. Michigan Ave., Chicago, IL 60611; Cost \$85; VIP CODE for AVMA registration is 2019VET to register for that conference. NAVTA's leadership is the 10th; AVMA's conference (\$340) covers the sessions from the 10th - 13th and includes breakfast and lunch on the 11th ONLY.

Roxane Rocks: AVMA cost for that part of the conference is \$340. Southwest Airlines from Denver is less than \$200 round trip, nonstop with no luggage fees if you come down from Casper

Melanie Beardsley: By the time you pay fuel and parking in Denver, it is usually just as easy/inexpensive to fly out of Casper, in my experience

Nanette Walker Smith: Depends on where you are coming from re Denver. Casper is Casper. Cheyenne is closer to Denver:)

Tom Page: Especially with time of year and storms.

Roxane Rocks: If we need a representative to go, I can be available. However, I went last year so it should be someone else if possible. I think both conferences are valuable, but it could be argued that NAVTA would be fine as a standalone. Networking during AVMA is worth the price of admission

Cambria Harmon: True, it was a great way to meet people, even on the shuttle to the airport

Melanie Beardsley: I am interested in going this year if we decide to send some folks.

Tom Page: Angela hasn't attended a conference for veterinary medicine it would be a good idea for her to get a look at one. I texted her earlier and plan on talking this week.

Nanette Walker Smith: I think it's a very good thing to send at least one. Two can always room together as well when /if possible

Tom Page: I have already started sending out emails for additional vendor sponsors, different from the ones that helped already. Does anyone have more to add? *Nanette Walker Smith:* So for next year - if we can move on. We are in a bit of a pickle. Our board is now made of up several out of WY state people. President, by the CB regulations must be a WY resident AND a CVT AND have been on the board the prior year (i.e. 2019) to be elected to the office of president. Since Tom has been relegated to be a 3rd year president even with all of his outside duties, he will have to have a replacement for 2020. That leaves only 2 people on the current 2019 board that are eligible: Melanie and Deana.

Cambria Harmon: If a Wyoming resident wanted to be a member at large, I can step down in needed and still be a part of the Scholarship Committee.

Nanette Walker Smith: Deana, Jackie and I already discussed this when we met after our CE Mtg to get the notebook and Membership/Cert info in a row while we were all together in Torrington. Deana has already done President more than once. So she wanted me to make sure this got brought up at some point and this is a good time to get you all thinking about this fact. Our association is heavy with non-WY people (and yes, I know I'm one). It does not mean this should be changed... President should be a CVT, WY resident, and should have board experience - and recent for sure. Ideally it should be VP rotating to Pres rotating to Past Pres.

As we roll in to 2019 - keep this in mind when talking to others about elevating their activity level onto the board. Looks good on a resume, can be somewhat painful at times, but when you get a good crew together, the wealth is spread.

Cambria Harmon: Member-at-large might be a position that inexperienced people might want to try to see if they like being on the board. Originally I took the position because when I moved I was the only nonresident I think on the board at the time.

Tom Page: My thoughts for next year's Newsletters were to incorporate getting people out of their comfort zones, in order to encourage growth. Thanks for bringing that up Nanette and thanks Cambria for the offer.

Nanette Walker Smith: I think it's good - Kristi - anything you have to add for students and what their needs are would be welcome. I'd love to have blurbs in from the school - esp. with the new large animal ground breaking coming up. Pictures too:)

Kristi Hamilton: I don't know what to add. I can send pictures - we're expecting a calf in Jan and interested in purchasing a registered low line Angus if anyone know someone who's selling.

Nanette Walker Smith: Are we ready to adjourn? If so, I motion to do so.

Roxane Rocks: second

Tom Page: Motion to adjourn passes unanimously at 9:21pm. Good night everyone.

JOB BOARD:

Would you like to post your job listings in our newsletter or ONLINE at our website or on our Facebook page? Please email the Secretary@wyvta.org for assistance. You may also refer to our social media policy posting at our website, Facebook page, and in this newsletter policies for posting details.

Job Listing: Certified Veterinary Technician needed in Northeastern Colorado

The duties are consistent with that of a Certified Veterinary Technician. We are a mixed animal practice in northeastern Colorado with 5 doctors hoping to expand to 6. The newest technician would work almost entirely with small animals, although potential exists to work on large if desired (not required). You would be learning from three of the greatest technicians ever. We have an inhouse Heska blood machine, digital x-ray processor, and a cold laser treatment that we want to utilize more. We do not board, but do employ a part time kennel assistant. Technicians would have to clean a cage or two.

Requirements include an active or working toward Colorado CVT credential (through https://cacvt.org/), ability to stand on your feet for several hours, ability to communicate well with co-workers and clients, and animal restraint knowledge. We work hard but like to have fun as well!

Benefits include a monthly medical benefit and paid time off after 90 days of employment, credentialing fees and continuing education (up to \$500 biannually), and after one year of employment, matching up to 5% wages in a 401K. Benefits can be further discussed in an interview.

Please apply by email to: fortmorganvetclinic@gmail.com, fax to: 970-867-6270, or snail mail to: 1215 E. Burlington Ave., Ft. Morgan, CO 80701. Job closes when we find the right candidate.

2018 WyVTA Board				
Tom Page, AAS, CVT	President			
Kati Martin, CVT	Past President; Scholarship Comm.			
Marlane Hicks, CVT	Vice President			
Aaron Tippit, VA	Treasurer			
Deana Baker, CVT	Membership/Certification			
Nanette Walker Smith, MEd, RVT, CVT, LVT	Secretary; Advisor			
Melanie Beardsley, CVT	NAVTA Rep; Scholarship Comm.			
Cambria Harmon, AAS, LVT, CVT	Member-At-Large; Scholarship Comm.			
Roxanne Rocks, CVT	Member-At-Large			
Amanda Johnson	EWC Student Rep-sophomore			
Kristi Hamilton	EWC Student Rep-freshman			
Jackie Van Noy, CVT	Webmaster			

Incoming 2019 WyVTA Board					
Tom Page, AAS, CVT	President; Scholarship Comm.				
Kati Martin, CVT	Past President; Scholarship Comm.				
Angela Lance	Vice President				
Melanie Beardsley, CVT	Treasurer				
Deana Baker, CVT	Membership/Certification				
Nanette Walker Smith, MEd, RVT, CVT, LVT	Secretary; Advisor				
Dena Wallace, CVT	NAVTA Rep				
Cambria Harmon, AAS, LVT, CVT	Member-At-Large; Scholarship Comm.				
Roxanne Rocks, CVT	Member-At-Large				
Kristi Hamilton	EWC Student Rep-sophomore				
Taylor Ruhoff	EWC Student Rep-freshman				
Jackie Van Noy, CVT	Webmaster				

CONTACT US:

President@wyvta.org	Tom Page, CVT, AAS	Association Information not covered by other board positions
VicePres@wyvta.org	Marlane Hicks, CVT, LVT	Fall Continual Education/Annual Meeting Information
Secretary@wyvta.org	Nanette Walker Smith, MEd, RVT, CVT, LVT	Newsletter, Press Releases, Promotional, Information
CVT Members@wyvta.org	Deana Baker, CVT	All information and questions regarding Active and Associate Membership and Certified Veterinary Technician credentialing
NAVTARep@wyvta.org	Melanie Beardsley, CVT	All questions of a national credentialing nature and the National Association of Veterinary Technicians in America



Veterinary Technician Association

www.wyvta.org

Application for Biennial Membership: 2019-2020

Approved membership will be effective January 1, 201 – De8cember 31, 2020

(Membership Year is Even)

Check your Membership Number on your Member Card "WVTA XX-YYYY" where XX is your Member Year

CVT, VA, Associate membership = \$40/biennial

(CVT, hospital staff, veterinarian, public)

VT Student = \$30/biennial (individual membership)

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Nov-18



Veterinary Technician Association

www.wyvta.org

Application for Biennial Certification: 2019-2020

Approved certification will be effective January 1, 2019 - December 31, 2020

(Certification Year is Even)

Check your Certificate Number on your Certificate Card "WVTA XX-YYYY" where XX is your Certification Year

Please PRINT or TYPE all information, do not use abbreviations

COMPLETE ENTIRE APPLICATION; include ALL documentation especially Membership Application, dues, and any applicable certification fees

		applicable ce	ertification	fees			
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ADDRESS (MAILING):							
	P. O. Box or Str	reet Number and Name	City		State	Zi	р
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